# Lifespan Growth and Development (PSYC 2314) - Common Course Syllabus Fall 2019 – Sections 001 and 002

Department: Behavioral Sciences	Prerequisites: TSI reading compliance for INET Available
Discipline: Psychology	Course Name: Lifespan Growth and Development
Course Number: PSYC 2314	Campuses: Levelland, Reese, Lubbock Center, Plainview, INET
Formats: Conventional; INET	Credit: 3 Lecture: 3 Lab: 0

Does this course satisfy a core curriculum requirement? Yes, Behavioral or Social Science

**Textbook**: Lally, M. and Valentine-French, S. (2017). Lifespan Development: A psychological perspective. **Course Description**: Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.

**Course Purpose**: The purpose of this course is to introduce students to the major theories & concepts in life span development including the physical, cognitive, & psychosocial changes that occur from conception till death.

**Course Requirements**: To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, & complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

**Course Evaluation**: Please see the instructor's course information sheet for specific items used in evaluation student performance.

Course Specific Instructions: Go to Blackboard Learn 9 for INET classes

Student Learning Outcomes: Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.

2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.

3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.

4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.

5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).

6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.

7. Discuss the various causes or reasons for disturbances in the developmental process.

### **Core Objectives addressed:**

- Communication skills- to include effective written, oral and visual communication.
- Critical thinking skills- to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- Empirical and Quantitative skills- to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- Social Responsibility- to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

### Coordinating Board Approval Number (CIP): 42.2703.51 25

#### **Relevant SPC Policies & Procedures**

Attendance Policy: Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy. It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment. See Instructor's Course Information for additions to the attendance policy. (See Catalog)

Academic Integrity: The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension. This policy relates to all forms of cheating and plagiarism. See Instructor's Course Information for additions to the academic integrity policy.

**Student Conduct**: A high standard of conduct is expected of all students. Students are subject to federal, state and local laws, as well as South Plains College rules and regulations. Any student who fails to perform according to expected standards may be asked to withdraw. Failure to comply with lawful direction of a classroom teacher relative to maintaining good order is considered misconduct on the part of the student. Repeated violations of disrupting a class may result in the student being dropped from that course (See Catalog/Student Guide for full policy). See Instructor's Course Information for additional policies related to student conduct.

**Campus Concealed Carry syllabus statement**: Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: (http://www.southplainscollege.edu/human\_resources/policy\_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

Academic Appeals: The Vice President for Student Affairs is the South Plains College Title IX Coordinator and is designated to formally investigate student grievances, address inquiries and coordinate the College's compliance efforts regarding student complaints and grievances. Whenever possible and safe, the problem or complaint should first be discussed with the individual involved in the complaint. If satisfactory resolution is not reached after discussion with the individual, the student should contact the individual's direct supervisor to attempt to resolve the complaint. If these efforts are unsuccessful, the formal grievance process may be initiated. The College does not require a student to contact the person involved or that person's supervisor if doing so is impracticable, or if the student believes that the conduct cannot be effectively addressed through informal means (See Catalog/Student Guide for full definitions and policy).

**Disability Services**: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) and Lubbock Center 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

**Diversity & Equal Rights**: South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President of Student Affairs. All students are entitled to equal rights under the affirmative action and equal opportunity laws. Students are also protected against unjust or biased academic evaluation, but at the same time, they are responsible for maintaining standards of academic performance established for each course in which they are enrolled. (See Catalog/Student Guide for full definitions and policies)

Name: Dr. Andrea McCourt	<b>Phone Number:</b> (806)716-2458	
Office: Administration Room 127	Email Address: amccourt@southplainscollege.edu	
Course Website: Blackboard	Preferred Contact Information: Because I teach on	
(southplainscollege.blackboard.com)	both the Levelland and Lubbock campuses, email is	
	typically the fastest way to contact me.	
Section 001 Meeting Time	Section 002 Meeting Time	
Mondays and Wednesdays from 9:30-10:45	Mondays and Wednesdays from 1:00-2:15 p.m.	
Administration Building Room 150	Administration Building 150	
Section 001 Final Exam Time:	Section 002 Final Exam time:	
Wednesday, December 11 from 8-10 a.m.	Wednesday, December 11 from 10:15 a.m12:15 p.m.	
Administration Building Room 150	Administration Building Room 150	
Office Hours:		
Office Hours:		
Mondays: 8:45-9:30 a.m.; 2:15-5:00 p.m. (Levelland Campus)		
Tuesdays: 8:30-11 a.m.; 2:15-3:00 p.m. (Lubbock Center)		
Wednesdays: 8:45-9:30 a.m. (Levelland Campus)		
Thursdays: 2:15-2:45 p.m. (Lubbock Center		

Instructor's Course Information: PSYC 2314: Lifespan Growth and Development - Fall 2019

**Textbook Information**: Lally, M. and Valentine-French, S. (2017). Lifespan Development: A psychological perspective. This textbook can be accessed at: <u>http://dept.clcillinois.edu/psy/LifespanDevelopment.pdf</u>. You can purchase a print version of the book at: <u>http://www.lulu.com/shop/martha-lally-suzanne-valentine-french/lifespan-development-a-psychological-perspective/paperback/product-24183108.html</u>

### **CLASSROOM POLICIES:**

**Respect for Fellow Students**: It is the policy of South Plains College to offer all educational and employment opportunities without regard to race, color, national origin, religion, gender, disability or age. All students will maintain respect for fellow classmates' personal beliefs, values, morals and life situations. In short, "Bigotry will not be tolerated." (Student Guide)

**Electronic Devices:** Cell phones must be silenced and put away while in the classroom. Devices used for note-taking are permitted, but should be used responsibly and must not create distractions for you or others. Headphones will not be allowed during class.

**Tardiness:** Please do your best to manage your time well and be on time to class. If you are tardy, please enter the room quietly and take a seat as close to the door as you can get. Being late to class is disruptive to your fellow classmates. Being late to class is disruptive to your fellow classmates and is therefore subject to the same consequences listed in the Disruptive Behavior policy.

**Disruptive Behavior:** Do your best to be respectful of others and their right to learn in a peaceful environment in all aspects of classroom behavior. Disruptive behavior includes, but is not limited to creating distractions, talking out of turn, talking with classmates during lecture, wandering in and out of class, chronically showing up late, chronically leaving early, or improper use of technology. "Failure to comply with lawful directions of a classroom teacher relative to maintaining good order is considered misconduct on the part of the student. Repeated violations of disrupting a class will result in the student being dropped from the course." (See Student Guide)

Attendance & Administrative Drop Policy: Attendance will be taken during each class meeting. Students will be responsible for material presented and discussed in class. Due to South Plains College attendance policies, any student who fails to attend 5 classes during the semester or fails to attempt a minimum of two major grades may be dropped from the course with an 'X' or 'F.'

Academic Integrity: See College Catalog "Offering the work of another as one's own, without proper acknowledgement, is plagiarism..." For further information and examples please see www.plagiarism.org. Handing in work that was submitted for completion of another course will not be permitted. Students found guilty of such academic dishonesty in any form will receive a zero the work in question and will be dropped from the course with an 'F' should a second offense occur.

Late work: Please note that it is the students' responsibility to plan ahead to submit assignments on time. I do not typically grant extensions. If you are traveling, etc. and are unsure of your access to the internet, it is strongly recommended that you plan ahead and submit assignments and take quizzes early. If for some reason the Blackboard system is down and the class has trouble accessing the quiz (this is rare but has been known to happen) I will work with the class to create a new due date. The key is this: internet access is required for this course, if you are unsure of your potential access submit early! Generally, lack of internet access and computer issues are not acceptable excuses for late assignments.

At times, extraordinary circumstances may occur in student's lives that impact their assignment submission. In these circumstances, course assignments (e.g., quizzes, written assignments, etc.) might be granted an extension from the instructor. Extensions are granted for extraordinary circumstances such as death in the family, illness, etc. If you feel your circumstance may warrant an extension, please contact the instructor within one week of the original assignment due date to request an extension. Please note that failure to plan ahead and allow time to complete a project does not usually warrant an extension. You are welcome to turn the assignment in late, it will just have a late penalty (please see the following paragraph for more information on the course late policy).

All assignments are considered late if they are not submitted by 11:59 PM CST on the day they are due. For each week that assignments are late, a 10% deduction in the overall grade for that assignment will be enforced. Assignments will not be accepted after two weeks past the original due date, except with instructor permission. Instructor permission will be granted at the instructor's discretion only for extraordinary circumstances, provided the student contacts the instructor within one week of the original discussion post due date to request the extension.

Assignments will not be accepted after the last official day of class

Methods for Assessing Expected Student Learning Outcomes: Quizzes, writing assignments, midterm exam, final exam.

### **COURSE ASSIGNMENTS/GRADING INFORMATION:**

### Quizzes (each quiz is worth up to 40 points for a total of 400 points or 40% of the overall course grade):

There will be thirteen (13) quizzes over the assigned readings and course materials. Quizzes are designed to assess your understanding of the course materials. You will have the opportunity to take each quiz two times and keep your highest score. The lowest three quiz grades (including zeros for any missed quizzes) will be dropped at the end of the semester. This means that ten quiz scores will be used to calculate your final grade in the course.

All quizzes are taken in Blackboard and are timed. Once you start a quiz, you must complete it. You will not be able to log back into a quiz once you have opened it. Please make arrangements to take each quiz on a computer with a secure internet connection. You must take the quizzes individually.

Please see the course schedule for due dates. Generally speaking, you should expect to have one quiz each week that is due in Blackboard by 11:59 pm on Sunday evening.

# Writing Assignments (each writing assignment is worth up to 75 points for a total of 300 points or 30% of the overall course grade):

On 4 different occasions throughout the semester you will be required to complete an assignment on a specific topic pertaining to course content. Each assignment should be at least 1 page (roughly 250 words), but not exceeding 2 pages (roughly 500 words) in length. All papers should be double-spaced with 12-point font and use 1 inch margins. Content of the assignment should be an in depth explanation/discussion of the assigned topic.

Including personal experience with the topic is optional, but it must be relevant to the topic if it is included and it should not be the main focus of the composition. Assignments must be typed and correctly submitted through Blackboard. Your composition should follow the guidelines of standard written English, and should follow basic essay format including an introduction, logical paragraph flow, and a conclusion. Papers cannot be submitted through email.

See Course Calendar for all specific deadlines. More specific instruction will be given in class during the semester.

### Midterm Exam (worth up to 100 points or 10% of the overall course grade)

This objective (true/false, matching, multiple choice) exam will cover the material from the first half of the semester.

### Final Exam (worth up to 200 points or 20% of the overall course grade)

This objective (true/false, matching, multiple choice exam will be taken during the time allotted for final exams. This exam will be cumulative.

During exams everything you brought to class that day will be kept out of sight the entire time. This includes all electronic devices (i.e., cell phones, tablets, laptops, etc.), notebooks, backpacks, purses, etc. No "headgear" of any kind will be worn, including headphones. All you need is a pencil.

**Make-up exams:** Students should make every possible effort to take each exam on the scheduled date and time. If necessary, students may only take one make-up exam during the entire semester. If you will be missing an exam, you must inform the instructor at least 24 hours prior to the scheduled exam time. If students fail to notify the instructor 24 hours prior to the exam, the make-up exam will automatically be scheduled during finals week. If you fail to attend your scheduled make-up, your grade for that exam will be a zero, no exceptions.

### **Grading Policy & Method of Evaluation:**

### **Summary of Assignments**

Assignment	Possible Points	
Online Quizzes (10 used in grade calculation)	400	
Writing Assignments (4 assignments)	300	
Midterm Exam	100	
Final Exam	200	
Total Points Possible =	1000	

Final Grades will be determined by calculating the total amount of points earned by you this semester. Using the scale below, your instructor will determine the corresponding letter grade.

A = 900-1000 points

B = 800-899 points

C = 700-799 points

D = 600-699 points

F = 599 (or below) points

Calendar Week/Dates	Course Topics and Assigned Readings	Assignments (due in Blackboard by 11:59 PM on Sundays unless otherwise noted)
Week One Monday, August 26 – Sunday, September 1	Overview of Lifespan Growth and Human Development <b>READ:</b> Meacham, W. (2016). Definition and Explanation of Lifespan	Quiz 1
	Development Psychology. Accessed at: <u>https://owlcation.com/social-</u> <u>sciences/What-is-Lifespan-</u> <u>Development-Psychology-Exploring-</u> <u>Development-Through-Lifespan</u>	
Week Two	Introduction to Lifespan Development	Quiz 2
Monday, September 2 – Sunday September 8	<b>READ:</b> Chapter 1	
Week Three	Heredity and Prenatal Development	Quiz 3
Monday, September 9 - Sunday, September 15	<b>READ:</b> Chapter 2	Writing Assignment #1
Week Four	Birth	Quiz 4
Monday, September 16 – Sunday, September 22	<b>READ:</b> Chapter 2	
Week Five	Infancy	Quiz 5
Monday, September 23 – Sunday, September 29	<b>READ:</b> Chapter 3	Writing Assignment #2
Week Six	Toddlerhood	Quiz 6
Monday, September 30 – Sunday, October 6	<b>READ:</b> Chapter 3	
Week Seven	Early Childhood	Quiz 7
Monday, October 7 – Sunday, October 13	<b>READ:</b> Chapter 4	In-Class Midterm Exam on Wednesday, Oct. 10 <sup>th</sup>
Week Eight	Middle Childhood	Quiz 8
Monday, October 14 – Sunday, October 20	<b>READ:</b> Chapter 5	

Week Nine	Late Childhood	Quiz 9
Monday, October 21 –	<b>READ:</b> Chapter 5	
Sunday, October 27	1	
Week Ten	Adolescence	Quiz 10
Monday, October 28 –	<b>READ:</b> Chapter 6	Writing Assignment #3
Sunday, November 3	1	8 8
Week Eleven	Emerging and Early Adulthood	Quiz 11
Monday, November 4 –	<b>READ:</b> Chapter	
Sunday, November 10		
Week Twelve	Middle Adulthood	Quiz 12
Monday, November 11 –	<b>READ:</b> Chapter 11	
Sunday, November 17		
Week Thirteen	Late Adulthood	Quiz 13
Monday, November 18 –		
Sunday, November 24	READ: Chapter 12	Writing Assignment #4
Week Fourteen	Death and Dying	
Monday, November 25 –		
Sunday, December 1	<b>READ:</b> Chapter 13	
Happy Thanksgiving!		
No Classes on November 27		
Week Fifteen	Careers in Human Development	
Monday, December 2 –		
Sunday, December 8		
Final Exam Week		Section 001 Final Exam:
December 9-12		Wednesday, December 11 from 8-10 a.m.
		Section 002 Final Exam:
		Wednesday, December 11
		from 10:15 a.m12:15 p.m.
1		

## **IMPORTANT DATES:**

Labor Day Holiday	September 2
12th class day (non-attending students will be dropped)	September 11
Last day to drop/withdraw from a class	November 14
Thanksgiving Break	November 27-29
Last Regular Day of Class	December 4
Fall Final Exams Week	December 9-12