

PSYC2314.288

FALL 2020

T/TH @ 9:30

COVID-19 POLICIES

Because of the ease with which Covid-19 can be spread in an indoor setting such as a classroom, we will be following strict classroom policies designed to reduce the risk that anyone in our class transmits or contracts Covid-19 while in the room. These rules are in place to keep you, your classmates, and me safe. If you ever have any questions or concerns about these policies, please don't hesitate to reach out to me.

If you violate the classroom Covid-19 policies repeatedly (e.g. not wearing a face-covering, coming in while sick) or you are combative or argumentative when I ask you to comply with a Covid-19 policy, I may ask that you no longer attend the course in person.

If you are unwilling to comply with any of these policies, I suggest you drop this course. SPC has made many online only sections available.

COURSE ATTENDANCE

You are never required to attend class physically. I will take in class attendance only to have a reference point for starting quarantine in case someone in the class tests positive for Covid-19. All lectures will be available online, and all coursework will be completed via Blackboard.

You are only allowed to attend class physically on your assigned day of the week. You will be assigned an attendance day at the beginning of the semester, and it is your responsibility to remember this day and to ensure that you do not come to class on your non-assigned day. You will not be allowed into the classroom if it is not your assigned day. Should you arrive on the wrong day, you will be asked to leave. There are no exceptions to this rule.

You may not trade days with other classmates, even temporarily. If it is not your day to be in class, you will not be allowed to be in class.

The CDC has a list of medical conditions that make a person higher risk for severe illness from Covid-19. If you have any of the conditions on this list, you are strongly advised (for your own safety) not to attend the class in person.

The CDC list of underlying medical conditions can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

TESTS AND ASSIGNMENTS

You will never need to be in class to complete a test or other assignment. You will always be able to complete all work via Blackboard. I will never give any assignment that requires you to be physically present in the room.

If you are unable to access the class for an extended period of time due to personal illness or Covid-19 related quarantine, we can make arrangements for you to make up any missed work.

FACE-COVERINGS

You are required to wear a face-covering at all times while in the classroom. Face-coverings must cover your mouth and nostrils at all times. This includes while talking to a classmate, talking to me before or after class, or asking a question during class. There are no exceptions to this rule. If you feel you need to remove your face-covering for any reason, you may exit the classroom and the building (face-coverings are required at all times while in any SPC building) and return when you are ready to wear your face-covering again. If you remove your face-covering at any time while in the classroom, you will be asked to leave and will not be allowed to return that day.

FOOD AND DRINKS

Because neither food nor drinks can be consumed while wearing a face-covering, they will be prohibited in the classroom. If you remove your face-covering to take a drink or to eat, you will be asked to leave for the remainder of that day.

PHYSICAL DISTANCING

You must maintain at least six feet of distance between yourself and all other persons while in class. That includes me and your classmates, regardless of any relationship you have outside the classroom. That means that even if you are in the class with friends or family, I always expect you to maintain six feet of distance. I'm obviously not going to use a ruler to measure the distance between you and others in the room, but if I ask you to move away from someone, please do so.

ATTENDING WHILE SICK

If you or someone with whom you have close contact (e.g. family member, coworker, roommate) are experiencing ANY symptom associated with Covid-19, please do not come to class. If you are sneezing or coughing excessively in class, you will be asked to leave. As noted above, you are never required to be in class physically, and I will never take attendance in class. Per the CDC, any of the following may be symptoms of Covid-19:

Fever or chills	Cough	Shortness of breath or difficulty breathing	Fatigue	Muscle or body aches	Headache
New loss of taste or smell	Sore throat	Congestion or runny nose	Nausea or vomiting	Diarrhea	

If you or someone you have close contact with are experiencing any of the above symptoms, you are strongly advised to get tested for Covid-19. The Lubbock Health Department maintains a list of Covid-19 testing sites; you can access that list here: <https://ci.lubbock.tx.us/departments/health-department/about-us/covid-19-testing-location>. Please do not return to class until you or the person you had contact with have received a negative result on your Covid-19 test (meaning you don't have the disease).

If you test positive for Covid-19, please follow the guidance of your healthcare provider regarding when it is safe to return to class.

If someone you have close contact with tests positive for Covid-19, you will need to quarantine. Current CDC guidelines (as of this writing) are to quarantine for 14 days from the time of last contact with the infected person. The CDC has more information on how and when to quarantine at the following website:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

AVAILABILITY OF LECTURE MATERIAL OUTSIDE OF CLASS

All lectures (technology permitting) will be live streamed. You will have the option to watch and participate from home. Thus, you are never required to be in class. I will also make recordings of all lectures available after class, so you may watch them at a later time if you prefer.

QUARANTINE TRIGGERS

I will self-initiate quarantine under the following conditions:

- If I develop any Covid-19 symptom, I will self-quarantine until I receive a negative Covid-19 test. This will likely take at least three to five days.
- If I am exposed to someone who tests positive for Covid-19, I will self-quarantine for at least 14 days from the time I last had contact with that person.
- If I test positive for Covid-19, I will follow the advice of my doctor regarding when it is safe for me to return to class in person.
- If anyone in the class tests positive for Covid-19, I will cancel in person classes until at least 14 days after that student's last date of attendance.

CONTINGENCY IN CASE OF INSTRUCTOR QUARANTINE

If at any time I am unable to physically attend class, I will make every effort to continue broadcasting lectures at our regularly scheduled class time. I have the necessary hardware and software at home to broadcast and record lectures. If for any reason I am unable to continue live streaming lectures, I or another SPC faculty member will contact you with instructions on how the class will proceed.

CONTACTING THE INSTRUCTOR

Name Dr. Will Crescioni

Office Location RC405A, Reese Campus

Email	wcrescioni@southplainscollege.edu				
Office Phone	(806) 716-2468				
Office Hours	Monday	Tuesday	Wednesday	Thursday	Friday

(All office ours will be held via Collaborate)	8:30 –	9:00 – 9:30	8:30 –	9:00 – 9:30	8:30 –
	11:00	and 12:15 –	11:00	and 12:15 –	10:00
		1:00 (By Appointment)		1:00 (By Appointment)	

INSTRUCTOR AVAILABILITY

Although this is an online class, I am still available to discuss any questions or concerns you may have. Please feel free to reach out to me in any of the following ways.

OFFICE HOURS

Monday, Wednesday, and Friday office hours will be held outdoors on the Reese campus. I will set myself up somewhere outside of building 4. I will have one chair available, which will be set up six feet from my outdoor desk. Both you and I will wear a mask during any meeting. To make physical distancing easier, I will not meet with more than one student at a time.

Tuesday and Thursday office hours will be held immediately before my 9:30 class and immediately after my 11:00 class. These office hours will be held in LC116 (the same room in which those classes meet). You must wear a mask and maintain at least six feet of distance from me during these office hours as well, and I will only meet with one student at a time.

For Tuesday and Thursday office hours, I will only be present in the room if you have made a prior appointment, or if you arrive immediately at 12:15. I will not wait in the room if no one has indicated that they intend to meet with me.

I will also be available for virtual meetings during my office hours. If you are interested in meeting virtually, I encourage you to set up an appointment in advance. Appointments will always take precedence over drop-ins, so it is in your best interest to schedule an appointment before arriving. If I am unable to make our scheduled appointment, I will make every effort to notify you in advance so that we can reschedule.

If you are unable to make my regular office hours, please email me, and we can work together to find a time that works for both of us.

EMAIL

Many simple matters can be handled over email. My email address is wcrestioni@southplainscollege.edu. Please be sure to read and adhere to the email rules listed below.

I do not check emails on evenings or weekends. If you send me an email between Monday morning and Friday at noon, I will make every effort to respond within 24 hours. Emails sent after noon on Friday will not receive a response until Monday.

PHONE

I will not be using my office this semester, so I am not available to speak on the phone. If you wish to talk you will need to come to office hours or speak with me via virtually.

THE COURSE AT A GLANCE

GRADING

- 500 total points
- Four unit tests and one final exam worth 100 points each
 - The lowest of these five tests will be dropped
- One essay worth 100 points
- Grade based on total points earned by the end of the semester
- No individual extra credits assignments
- No artificial grade boosts

ESSAY

- Worth 100 points
- The essay is due Thursday, November 19th by 11:59 PM.
- 2 – 3 pages in length
- Graded for spelling, grammar, and punctuation; following directions; and overall paper quality
- Late papers lose 25 points per day

STUDENT EMAIL

SPC has given all students access to a free email account. Email will be the primary means of communication in this course, and I expect you to check it regularly. **ALL EMAIL COMMUNICATON MUST BE CONDUCTED USING YOUR OFFICIAL SPC EMAIL.** We will often be discussing sensitive or confidential issues over email (e.g. grades). As such, I will not respond to any email other than your official SPC email address. Emails from Gmail, Hotmail, Yahoo!, etc. will not receive a response.

You can access your official SPC email account at <https://office.com>. Use your SPC credentials to log in.

Email Etiquette

It is important in this class, in all classes, and in your professional life to practice good email etiquette. This means, among other things, addressing your instructors professionally, using good spelling and grammar, and practicing good self-reliance before falling back on email. There are many excellent guides to email etiquette, but I recommend this as a starting point:

http://writingcenter.emory.edu/resources/writing_tips_resources/email_etiquette.html

COURSE EXPECTATIONS

REQUIRED TECHNOLOGY

BLACKBOARD

All work in this course will be completed using Blackboard. All necessary readings are also found on Blackboard.

As such, it is essential that you maintain regular access to a working computer with a reliable internet connection throughout the semester. All lectures will be livestreamed via Collaborate, and recording will be posted to Blackboard after the lecture is over.

You can access South Plains College's main Blackboard page at <https://southplainscollege.blackboard.com/>. From there, you can see a list of all courses in which you are enrolled, including this one.

WORD PROCESSOR

The book report must be typed using a word processor. All SPC students have access to Microsoft Office 365, an online platform that includes Microsoft Word. You are strongly encouraged to use Microsoft Word when composing your written assignments. If you choose to use a different word processor (e.g. Google Docs or Pages), it is your responsibility to convert your file to the appropriate format before submitting. Assignments submitted in the wrong file format will not be accepted.

You can access Office 365 at <https://office.com>. Use your SPC credentials to log in. If you have any difficulty, contact the SPC help desk at <https://www.southplainscollege.edu/instructional-technology/Help.php>

CLASSROOM BEHAVIOR

I have the following expectations for your behavior while you are in this classroom:

- Cell phones will be put away completely out of sight.
- No conversations will occur among classmates. The only talking you should be doing is to ask me a question or to respond to a question I have asked.
- If you are using a laptop, it will only be used to take notes.
- You will not read a book, the newspaper, work on crossword puzzles, or otherwise engage in activities not related to the class.
- You will not sleep.

VIRTUAL CLASSROOM BEHAVIOR

If you are attending the class virtually (i.e. participating in the livestream), please keep the following guidelines in mind:

- Unless you are actively asking a question, please mute your microphone. This will ensure that any background noise (e.g. pets, children, partners) does not disturb your classmates.
- You are not required to use your video, but if you choose to do so, please ensure that you are not doing anything distracting.

A NOTE ON RECORDED LECTURES

Because I will be recording all lectures, please be aware that anything you say during the class will be included in the recording. I do not have the ability to edit anything out of the recording.

TECHNOLOGY IN THE CLASSROOM

- Laptops and tablets are allowed for note-taking purposes only. You may not use your laptop or tablet for any other purpose. If I catch you doing anything other than taking notes on your laptop or tablet during class, you will no longer be allowed to use a laptop or tablet for the remainder of the semester.
- Cell phone use in the classroom is strictly prohibited. If you are waiting for an important call, you may leave your phone on vibrate and keep it in your pocket. If you receive a call, you may step out of class to take it and return when you are done. This should be done only in the event of extremely important calls.
- NO SMART WATCHES, SMART GLASSES, OR SMART ANYTHING ELSE. If it can send text messages, put it away.
- If you are removed from class for a technology violation, you will be marked absent for the day. If this occurs on a test day, you will receive a zero for that test.

READINGS

Tests will be based both on material covered in lecture and on material covered in the readings. These two sources of information – lecture and the readings – are meant to be complementary rather than redundant. Some information may only appear in the book, whereas other information will appear only in lecture. Completing all assigned readings is essential to doing well in this class.

PLAGIARISM

It is expected that all work completed in this class will be original. Copying and pasting work from any source, resubmitting assignments you have submitted in the past or in other classes, or referencing the work of others without proper citation are all considered plagiarism. If you have any doubts about whether something is plagiarism, ask me. If I catch you plagiarizing, you will receive a zero on the assignment in question and WILL NOT be given the chance to resubmit. Appropriate disciplinary action may also be taken in accord with college policy.

BLACKBOARD TECHNICAL SUPPORT

Support for issues relating to Blackboard can be obtained via the “Blackboard Support” link in the course Blackboard page, by visiting https://help.blackboard.com/en-us/Learn/9.1_2014_04/Student, or by calling (800) 424-9299. Issues for which you should use this route include, but are not limited to:

- Inability to access Blackboard page (e.g. page will not load)
- Inability to access specific content within the Blackboard page (e.g. assignments, lecture videos)

ASSIGNMENTS

Tests

(4 @ 100 points each): There will be four unit tests and one comprehensive final exam in this course. Each test is worth 100 points. I will drop your lowest test score when computing your final grade. Makeups for missed exams may be offered in cases of documented personal injury or illness, serious injury or illness of a family member, death in the family, or college sponsored events (e.g. sports).

Be sure to consult the exam schedule and inform me **in advance** if you know that you will be unable to attend an exam session due to an approved absence. All other absences (including but not limited to: oversleeping, car/transportation trouble, work, vacation, friends’ wedding, your wedding, etc.) are not excused, and makeups will not be offered.

You must arrive to class **on-time** in order to take the exam. If you arrive after the first exam has been turned in, you will not be allowed to take the exam.

MISSED TESTS

At the end of the semester, I will drop your lowest test grade. If you miss any ONE test for any reason (undocumented illness or injury, car trouble, getting called into work, family emergency, Doctor Who marathon, etc.), the resulting zero will be dropped from your grade calculation.

If you take all four of the unit tests, then you may use the drop policy to exempt yourself from the final exam. In other words, if you have taken all four regular semester tests, then you may skip the final.

You may also choose to take all five tests (the four unit tests and the final exam). If you do so, then I will drop the lowest grade from among these five from your final grade calculation. For example, if your five test grades were 78, 67, 84, 89, and a 91 on the final exam, the “67” would not be counted in your final grade calculation.

MAKEUPS

If you need a makeup, please contact me. Makeup exams may be different than those taken by the rest of the class.

Makeups will be offered at the instructor’s discretion.

VACCINES AND AUTISM ESSAY

(100 Points)

You will write a 2 – 3 page essay as part of this course. Specific instructions are available on Blackboard.

Your essay deadline is inflexible. Late papers will only be accepted in the event that a serious illness or injury prevented you from being able to turn the paper in on the due date.

GRADING

Your grade in this class will be based entirely on your Exams and Research Paper. Extra credit may be offered to the entire class at the instructor’s discretion, but individual extra credit and artificial grade boosts (e.g. “I just need *one more point* to get an A! Please! Pretty please!”) will never be offered.

Your current grade will always be accessible to you via Blackboard; I strongly encourage you to monitor your grade throughout the semester and to contact me as soon as you have any concerns. If you get in touch with me early, we can work together to help overcome the obstacles you may be facing; if you wait until the end of the semester it may be too late. Remember, I am here to help – you just need to ask!

Exams	400 points

Essay	100 points
Total	500 Points

TECH SUPPORT

BLACKBOARD TECHNICAL SUPPORT

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- Inability to access Blackboard page (e.g. page will not load)
- Inability to access specific content within the Blackboard page (e.g. assignments, lecture videos)

ADA STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office.

For More information Contact

Levelland

Linda Young

Disability Accommodations Specialist

1401 S. College Ave.

Levelland, TX 79336

Phone: 806-716-2577

Fax: 806-897-0371

lyoung@southplainscollege.edu

Reese

Dawn Valles

Coordinator of Disability Services Reese

819 Gilbert Drive

Lubbock, TX 79416

Phone: 806-716-4675

dvalles@southplainscollege.edu

DIVERSITY STATEMENT

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about

ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

ACCESSIBILITY STATEMENTS

BLACKBOARD

<https://www.blackboard.com/platforms/learn/resources/accessibility.aspx>

COURSE SCHEDULE

Date	Day	Topic
Unit 1: Prenatal and Neonatal Development		
25-Aug	Tue	Course intro
27-Aug	Thu	Fundamental concepts and terminology, part 1
1-Sep	Tue	Fundamental concepts and terminology, part 2
3-Sep	Thu	Prenatal development
8-Sep	Tue	Birth and neonatal development, part 1
10-Sep	Thu	Birth and neonatal development, part 2
15-Sep	Tue	Unit 1 Spillover Day
Unit 2: Early and Middle Childhood		
17-Sep	Thu	Physical development during the first three years
22-Sep	Tue	Cognitive development during the first three years
24-Sep	Thu	Psychosocial development during the first three years
29-Sep	Tue	Physical development in early childhood
1-Oct	Thu	Cognitive development in early childhood
6-Oct	Tue	Psychosocial development during early childhood
8-Oct	Thu	Unit 2 Spillover Day
Unit 3: Adolescence and Early Adulthood		
13-Oct	Tue	Physical development in middle childhood
15-Oct	Thu	Cognitive development in middle childhood; Book Report Due
20-Oct	Tue	Psychosocial development in middle childhood
22-Oct	Thu	Physical Development in Adolescence
27-Oct	Tue	Cognitive development in adolescence
29-Oct	Thu	Psychosocial development in adolescence
3-Nov	Tue	Unit 3 Spillover Day
Unit 4: Middle and Late Adulthood		
5-Nov	Thu	Physical and cognitive development in early adulthood.
10-Nov	Tue	Psychosocial development in early adulthood.
12-Nov	Thu	Physical and Cognitive Development in Middle Adulthood
17-Nov	Tue	Psychosocial Development in Middle Adulthood
19-Nov	Thu	Physical and Cognitive Development in Late Adulthood

24-Nov	Tue	Psychosocial development in late adulthood.
26-Nov	Thu	No Class - Thanksgiving
1-Dec	Tue	Death and Dying
3-Dec	Thu	Unit 4 Spillover

Note: course schedule is subject to change

COMMON COURSE SYLLABUS

SPC requires that the following information be included in all syllabi.

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Name: Lifespan Growth and Development

Credit: 3 Lecture: 3 Lab: 0

Satisfies a core curriculum requirement? Yes, Behavioral or Social Science

Prerequisites: TSI reading compliance for INET

Available Formats: conventional; INET; ITV

Campuses: Levelland, Reese, ATC, Plainview, INET

Textbook: *Human Development: A Cultural Approach, 2e* by Jeffrey Jensen Arnett

Course Specific Instructions: go to Blackboard Learn 9 for INET classes

Course Description: This course is a study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan.

Course Purpose: The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception till death.

Course Requirements: To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

Course Evaluation: Please see the instructor's course information sheet for specific items used in evaluation student performance.

Attendance Policy: Whenever absences become excessive, and in the instructor's opinion, minimum course objectives cannot be met due to absences, the student may be withdrawn from the course. The typical view of excessive absences is when a student misses more than two weeks of the course.

Student Learning Outcomes: Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Core Objectives addressed:

- **Communication skills-** to include effective written, oral and visual communication.
- **Critical thinking skills-** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative skills-** to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- **Social Responsibility-** to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

Coordinating Board Approval Number (CIP) 42.2703.51 25