

# South Plains College: General Course Syllabus

**Department:** Behavioral Sciences

**Discipline:** Humanities

**Course Number:** Huma 2323

**Course Name:** World Cultures

**Credit:** 3 Lecture: 3 **Lab:** 0

This course satisfies a core curriculum requirement: Yes-Language, Philosophy & Culture

**Prerequisites:** none for campus; TSI reading for INET

**Campuses:** Levelland, Reese, INET

**Textbooks:** Kenneth J. Guest, *Cultural Anthropology*, 3rd ed., Norton Publishers, A Inquizitive code is required for this course.

**Course Specific Instructions:** INET classes go to Blackboard Learn 9; campus additional materials are available on Blackboard.

**Course Description:** This course is a general study of diverse world cultures. Topics include cultural practices, social structures, religions, arts, and languages.

**Course Purpose:** This course is an introductory course designed to provide students with an understanding of how society is structured, as well as an understanding of the theories and language of anthropology. A holistic approach will be utilized to explore ideas of aesthetic and intellectual creation in order to understand the human experience across cultures.

**Course Requirements:** To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

**Course Evaluation:** Refer to the instructor's course information sheet for specifics on assignments and testing.

**Attendance Policy:** Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus. When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting. Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and receive a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the

student's responsibility to be aware of that policy. It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment. See instructor's Course Information Sheet for additions to the attendance policy.

**Disability Services Policy:** Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-7162577, Reese Center (Building 8) & Lubbock Center 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611. See *South Plains College General Catalog* for more information.

**Academic Integrity Policy:** It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

**Cheating:** Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the text-book or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in an office are examples of cheating. Complete honesty is required of the student in the presentation of any and all phases of course work. This applies to quizzes of whatever length, as well as to final examinations, to daily reports and to term papers.

### **Face Covering Policy:**

It is the policy of South Plains College for the Fall 2020 semester that as a condition of on-campus enrollment, all students are required to engage in safe behaviors to avoid the spread of COVID-19 in the SPC community. Such behaviors specifically include the requirement that all students properly wear CDC-compliant face coverings while in SPC buildings including in classrooms, labs, hallways, and restrooms. Failure to comply with this policy may result in dismissal from the current class session. If the student refuses to leave the classroom or lab after being dismissed, the student may be referred to the Dean of Students on the Levelland campus or the Dean/Director of external centers for Student Code of Conduct Violation.

### **Tobacco Products:**

South Plains College prohibits the use of any tobacco product, electronic cigarette, or vapor device throughout all indoor areas and within a 25 foot perimeter around all facility entrances, exits and HVAC air intake vents under the control of SPC, including sporting facilities and SPC vehicles. Included in this ban are tobacco products of all types (including, but not limited to, cigarettes, cigars, pipes, chewing tobacco, snuff and all other kinds and forms of tobacco prepared in such a manner to be suitable for spit tobacco use, smoking, or both). This ban also includes herbal tobacco products and simulated tobacco products that imitate or mimic tobacco products such as e-cigarettes, vapor cigarettes, pipes or other types of inhalation devices.

**Plagiarism:** Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identifiable expression of material taken from books, Internet resources, encyclopedias, magazines and other reference works, or

from the themes, reports or other writings of a fellow student, is guilty of plagiarism. See South Plains College Student Guide 2015-2016, pages 13 and 14 and South Plains College General Catalog 2015-2016, page 22. See instructor's course information sheet for more information.

## **Student Conduct Policy:**

### **Classroom Conduct:**

Failure to comply with lawful direction of a classroom teacher relative to maintaining good order is considered misconduct on the part of the student. Repeated violations of disrupting a class may result in the student being dropped from that course. See South Plains College Student Guide 2015-2016, pages 13 through 18 for full policy covering other areas of conduct including penalties for misconduct and procedures for disciplinary action.

### **Campus Concealed Carry syllabus statement:**

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: ([http://www.southplainscollege.edu/human\\_resources/policy\\_procedure/hhc.php](http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)) Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

### **Grade and Academic Discipline Appeals:**

South Plains College provides two procedures which allow students the opportunity to address grievances of an academic nature.

#### **Appeal Restrictions:**

Only final grades or dismissal resulting from academic discipline will be considered. The instructor's teaching ability or expertise will not be considered during the hearing. No grade or disciplinary action can be formally appealed after a period of six (6) months from the date that the student is informed.

#### **Informal Appeal:**

1. The student should schedule an appointment with the instructor of the course to discuss the final grade or disciplinary action.
2. If the student is still not satisfied, she should schedule an appointment with the appropriate departmental chairperson to discuss the situation. The chairperson may request that the instructor also be present.
3. If the student is still not satisfied, he she should schedule an appointment with the Divisional Dean to discuss the situation. The dean may request that the chairperson also be present.
4. If the student is still not satisfied, he she should be advised of the formal appeal process.

#### **Formal Appeal:**

If the student is not satisfied with the results of the informal appeal, s/he should provide the following information, in writing, to the Vice President for Academic Affairs:

1. A request for a formal appeals hearing.
2. A brief statement of what is being appealed.

3. The basis for the appeal.
4. Pertinent facts relating to the appeal.

The agenda of the appeals hearing will include only those factors documented in the student's appeal request letter. The Vice President for Academic Affairs will determine the date, time and place of the hearing, and notify the student accordingly.

- The Hearing of Composition of the appeals committee:
- Vice President for Academic Affairs will preside over the hearing.
- Faculty member of the student's choice.
- Faculty member and student selected by the Vice President for Academic Affairs.
- President of Student Government Association. Dean of Students.
- Other persons who should be available at the hearing:
  - The student who requested the hearing.
  - The faculty member involved.
  - Anyone the student or faculty member wishes to be present to substantiate the case.
  - Chairperson and Divisional Dean.
  - Hearing procedure: The committee will hear the student's appeal during which the parties to the controversy and such representatives as desired will present all facts relating to the case. By majority vote, the committee will decide to sustain, amend or reverse the previous decision.
  - The decision of the committee is final and completes the academic appeals procedure.
  - See South Plains College Student Guide 2015-2016, pages 18 and 19.

### **Equal Rights Policy:**

All students are entitled to equal rights under the affirmative action and equal opportunity laws. Students are also protected against unjust or biased academic evaluation, but at the same time, they are responsible for maintaining standards of academic performance established for each course in which they are enrolled. See South Plains College Student Guide 2015-2016, page 10.

### **Student Learning Outcomes/Competencies:**

Students who have successfully completed this course will be expected to:

- Demonstrate knowledge of common terms and concepts associated with the study of world cultures.
- Articulate an informed personal response and critically analyze works in the arts and humanities from various world cultures.
- Demonstrate awareness of multiple cultural perspectives by comparing and contrasting the cultural expressions of diverse world communities.
- Analyze various cultures to navigate diverse cultural spaces and recognize different world views.
- Demonstrate an understanding of geography and the location of different cultural groups in the world.

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### **Core Objectives addressed:**

- Communication skills- to include effective written, oral and visual communication.
- Critical thinking skills- to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.

- Social Responsibility- to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.
- Personal Responsibility – to include the ability to connect choices, actions, and consequences to ethical decision-making.

**\*Course schedule is provided in Blackboard. \***

## Instructor Syllabus Information

Dr. Sherley Bedore  
AD 130 (Levelland Campus)  
[sbedore@southplainscollege.edu](mailto:sbedore@southplainscollege.edu)  
Phone (806) 716-2256 voice mail

## Instructor Syllabus Information

Dr. Sherley Rios  
Office: AD 130 (Levelland Campus)  
[srios@southplainscollege.edu](mailto:srios@southplainscollege.edu)  
Phone (806) 716-2256 (Office voicemail)

### Office Hours

Should you have questions that need immediate and/or private attention I am available by email or phone. If calling my office phone (listed above), please leave a voicemail and it will be sent to me immediately. I will contact you as soon as I get your message. These “office hours” are open and continuous given the nature of this course. So, I will be available throughout the course as needed by students. You may also schedule an appointment by email and we can visit virtually. I will respond as quickly as possible, however if you contact me between the hours of 8pm and 8am, please allow until the following morning for me to respond.

### Communication with Instructor via Email

Should you have questions about assignments, personal matters and course material, **please use SPC's official email to contact the instructor**. SPC email is the official means of communication between professors and students. Be sure that you are using your official SPC email when contacting the instructor. Be advised that although I am available via email any time during the semester, I am not always able to respond to emails quickly, especially if you email during non-business hours (after 8pm). If you have questions about what to do if you are quarantined or are COVID-19 positive, please see COVID-19 policies in the START HERE folder on the course homepage in Blackboard.

### Communication with Students

Communication with students regarding class assignments, exams, or other information, will be done via Course Announcements. These will populate beneath the course title in Blackboard and a copy of the announcement will be sent to your SPC email. If you see an announcement in Blackboard, simply click on the title of the announcement link and it will reroute you to the specific announcement contents. It is important that you check these announcements when they are sent out, which means frequent logging into Blackboard and your SPC email account.

### Required Materials

- An InQuizitive access code is required for this course. If an access code is purchased, you will be given the option to make an additional purchase of the eBook or hardcopy of the text book when you register your code.
- **Textbook:** Guest, K. J., Cultural Anthropology, 3<sup>rd</sup> Edition, Norton Publishers. ISBN: 9780393428520

## **Course Information**

Course information (e.g., syllabus, schedule, assignments, exams, and potential student handouts) is accessed through the Blackboard website. The student is responsible for any and all information that is posted on this site. If the student has questions/comments about this information, then she/he should contact the instructor (via SPC email).

## **General Expectations/Policies for Students**

*I would like to welcome all students to this course. I consider it an honor that you have chosen to be in my online course. I want to thank you in advance for the time and hard work that you will put into this learning experience. One of the keys to being successful in college is to maintain communication with your instructor. Feel free to email any time if I can help you be successful in this course. I wish you all the luck this semester and hope that the grade that you achieve in this course will reflect the effort you put into it; we are here to work cooperatively and to learn together.*

*In order to create a smooth and harmonious online learning community, please make every attempt to keep up with all modules. This includes keeping up with the fast-pace of this course and complete all assignments and exams on time.*

## **Course Requirements**

The course is 100% online. You are responsible for viewing all lecture material, assigned readings, and assignments. You are expected to read the syllabus and be familiar with its contents. You are responsible for all material covered in this course. This course is self-paced but does require assignments and exams to be due according to the schedule. Students are welcome to complete course work in advance but will not be allowed to complete course work *after* the due date on the course schedule.

## **Logging into Blackboard**

To access your course, go to <https://southplainscollege.blackboard.com/> or go to the SPC Homepage and click on the "Login to" link in the top right-hand portion of the page and then click on the Blackboard link on the pull-down or you can type or copy the address into the address window of your computer. I recommend that you bookmark Blackboard on your computer for quick access. You can also log into MySPC and there is a Blackboard link there. Once you reach the site you will click "Log In". The log-in screen will come up asking for your user name and password. Simply follow the instructions on the screen. It is a good idea to bookmark the Blackboard login page on your computer so that you may access it quickly and efficiently.

## **Attendance & Late Work**

**Late work is not allowed!** Communication is key. If you need to miss any portion of the course assignments (although not advised) please let the instructor know in advance, within 2 days of missing. If you miss "class" and have an SPC approved excuse (i.e., you are representing SPC at an official school function or celebrating a religious holy day) or a notice of absence from the Office of the Dean of Students, it is your responsibility to provide the **written excuse** from the school or **proper documentation** according to the situation. In the case of an excused absence, you are still responsible for all readings, work, materials, and assignments that were missed. After contacting the instructor, upon approval, a new due date will be given for either the original assignment or an alternative assignment of equal value. If the student fails to meet the revised due date, then she/he will be given a zero (0) for the assignment.

**What does Attendance mean in this course?**

Attendance in this course is documented by consistent submission of coursework whether those are assignments or exams. Missing coursework, consecutive or otherwise, is counted as an absence. Excessive missing coursework may result in an administrative drop. See Administrative Drop Policy.

## **Administrative Drop Policy**

Due to Financial Aid and South Plains College requirements for participation/attendance a student who fails to turn in 5 assignments during the semester may be dropped with a grade of "X" from the course. If missed assignments occur after the final drop date the grade will be "F." Assignments in this context refer to the Revel chapter assignments as well as application assignments and exams.

It is essential that you have reliable access to the Internet. It is not necessary to purchase or own your own computer but you should have a backup plan in place should you encounter computer problems. Firefox is the recommended and supported browser for Blackboard. There are open computer labs available to all enrolled SPC students on all campuses. It is also the student's responsibility to have the required computer skills to complete this course. Should you encounter technical difficulties contact the instructor first, and/or the SPC technical support call (806) 894-9611, ext. 2180. Be sure to include course and section number information when contacting technical support.

## **Open Computer Lab**

There is an Open Computer Lab located on the Levelland campus in the Technology Center. It is available to all students, with priority given to those students enrolled in computer classes. Computers are also available on the Reese Center, Lubbock, and Plainview campuses. Check with libraries and labs for hours.

## **Computer Requirements**

Browser Plug-ins and Security Software: Most Web educational experience will require the use of several additional browser plug-ins. It is very highly recommended that you have an anti-virus program on your computer. You may also need Adobe Acrobat for several readings and a multimedia player such as Windows Media Player. Firefox is the supported browser for Blackboard. SPC students are offered Office 365 which includes Microsoft Word, PowerPoint, Excel, and storage on OneDrive. Please download and use it! Since this course is entirely online, participants are expected to have at least an elementary knowledge of their microcomputer operating system and basic knowledge of software and tools such as a word processor, e-mail, an Internet browser, and search engines.

## **Technical Problems/Support**

If you are having computer problems, let the instructor know as soon as possible. I will try to help in any way I can. Please remember that it is **the student's responsibility to have a backup plan for technical issues**. It is advised to have a plan in place now and do not wait until it is a crisis.

- Most tech issues are related to failure to update java, using the incorrect internet browser (try use Google Chrome or Firefox instead of Internet Explorer), and/or not deleting browsing history files daily. Most issues are related to computer issues, not Blackboard. Make sure that your computer has an up-to-date antivirus software program installed. Please note this instructor does NOT recommend use of any handheld devices like a cell phone for taking this course.
- **SPC Technical Support Contact:** Call (806) 716-2180 or email at [Blackboard@southplainscollege.edu](mailto:Blackboard@southplainscollege.edu) for student technical support. I am your course work support contact. Only call or e-mail technical support with questions about Blackboard or computer functioning. There is Technical Support information in the Start Here/Help,Resources & FAQ area of your Blackboard course. It contains links to Student Tutorials and the Student Orientation Course for Blackboard. Contact me for any course content information.

## **Extra Credit Activities**

Extra credit opportunities will not be offered throughout the course session. However, there are three additional tasks, the Course Participation Agreement and Syllabus Quiz, which will be given additional points added to your grade upon completion (See Grading section for breakdown of points). Very rarely will extra credit be given. Please note that in the event that it is given, the points may not be significant enough to bump your grade up a letter but will be enough to supplement an assignment's low grade. Do not depend on extra credit to completely "fix" your overall grade.

## **Class Withdrawal**

It is the full responsibility of the student to personally withdraw from the course if needed. A student who has already missed modules, assignments, or exams, had difficulty adequately completing assignments and exams and/or anticipates difficulty in completing the course to his/her satisfaction is encouraged to give withdrawal all the consideration it is due. A student is encouraged to discuss her/his progress with the instructor prior to making a withdrawal decision. Per SPC's attendance policies, the instructor reserves the right to drop a student for excessive absences according to SPC guidelines. In this case, the student will receive a grade of 'F' for the course.

## **Methods for Assessing the Expected Learning Outcomes**

The expected learning outcomes for the course will be assessed through exams and application assignments. Grades are based on the quality of the work that has been submitted, not the existence of a submission. This means that grades are earned based on proof of mastery of the major concepts.

### **Grading: 1,000 Possible Earned Points**

Course Participation Agreement

(10 extra credit points)

A9 \_\_\_\_\_

A10 \_\_\_\_\_

Syllabus Quiz

(15 extra credit points)

**A = 900 – 1,000**

**B = 800 – 859**

**C = 700 – 759**

**D = 600 – 659**

**F = 0 – 559**

Inquizitive (I#) and Application Assignments (A#) (20  
total/30 pts each/**600**) \_\_\_\_\_

I1 \_\_\_\_\_

I2 \_\_\_\_\_

I3 \_\_\_\_\_

I4 \_\_\_\_\_

I5 \_\_\_\_\_

I6 \_\_\_\_\_

I7 \_\_\_\_\_

I8 \_\_\_\_\_

I9 \_\_\_\_\_

I10 \_\_\_\_\_

A1 \_\_\_\_\_

A2 \_\_\_\_\_

A3 \_\_\_\_\_

A4 \_\_\_\_\_

A5 \_\_\_\_\_

A6 \_\_\_\_\_

A7 \_\_\_\_\_

A8 \_\_\_\_\_

**\*Please expect a 4 day grading turnaround  
for all assignments and exams\***

Exam 1 (**100**) \_\_\_\_\_

Exam 2 (**100**) \_\_\_\_\_

Exam 3 (**100**) \_\_\_\_\_

Exam 4 (**100**) \_\_\_\_\_

## **Exams & Assignments**

### **Reading Assignments**

It is expected that students read the assigned readings. Students may choose to read alongside viewing the PowerPoint lectures for each Chapter Module (optional for students to utilize). Be advised that exams are not limited to what will be in the PowerPoint lecture and Student Notes. This will help when going through lectures and in assignments related to each module.

### **Application Assignments (A1-A10)**

Throughout the course you will be required to work on various Application Assignments. All assignments must be done independently, must be typed as a Word document, and due according to the schedule. Hand-written and scanned, emailed, or late assignments will NOT be allowed. See How to Submit Application Assignment video in Blackboard for specific details and requirements. Application assignments must be submitted using complete sentences, proper use of spelling and grammar, and clearly explain your thinking using examples to receive credit.

### **Inquizitive Assignments (I1 through I10)**

Inquizitive Assignments will be given throughout the course. The **Inquizitive assignments will consist of chapter-focused quizzes due at 11:45 pm on the date listed on the schedule**. The quizzes are typically unlimited in the number of questions and attempts. Once you have reached 100% score, you have completed the assignment. The points vary with each chapter but there is a total of 300 points from these assignments. It is not necessary to complete the “shared writing or journal exercises” in the Inquizitive program. Please do not wait until the last minute to complete work. There is a very reliable app available for Norton Inquizitive to use on cell phones. Instructions are listed under textbook information. Late assignments will NOT be allowed.

### **Exams (400 points; 100 points each)**

There will be 4 non-cumulative exams during the semester. Exam Study Guides will be provided by the instructor to assist in preparing for the exams. The exams will cover any material presented in lectures, the textbook, as well as assigned readings or media. Exams will include only a multiple-choice format. All exams will be completed on the due date on the schedule and you may use your notes and textbooks. The final exam will not be given at any time other than the scheduled final exam day. Make-up exams for the first 3 exams will be given only in extreme situations, may be of a different format than the original tests, and will only be given if you notify the instructor prior to exam day that you will not be able to complete the exam within the 24 hour time period. If you are permitted to take a make-up exam, you will take it at a mutually agreed upon time, as soon after the original exam as possible. Make-up exams will not be given if I have not been notified prior to the exam day about your absence. Please plan your travel arrangements accordingly.

## **Syllabus**

The instructor reserves the right to make changes to the syllabus if necessary. In these rare cases, students will be notified of any changes in advance.

## **Academic Integrity**

In addition to the policy in the Common Course Syllabus, it should be understood that students found guilty of cheating or plagiarism will earn a zero on the work in question for the first offense and will be dropped from the course with an ‘F’ should a second offense occur. Any amount of dishonesty is subject to these consequences, whether a lot or a little; this can include but is not limited to: one copied

sentence of a written assignment, a missing citation, an entire paper copied from someone/somewhere else, one plagiarized post on a discussion board, one copied exam item, looking at the scantron of another student during an exam or an exam or other coursework completed by someone other than yourself. You have also committed academic dishonesty when sharing course content/items/answers. This includes sharing course content with classmates or future students as well as sharing course content on websites such as Quizlet, Course Hero, or similar “study applications.” For further information and examples please see the Catalog, Student Guide, or refer to [www.plagiarism.org](http://www.plagiarism.org)

### **Sensitive Nature of Humanities and Behavioral Science Courses**

Given the dynamics of individual, relational, familial, societal and cultural development and issues, behavioral studies courses address many sensitive issues; this course is no exception. Lifespan and relational issues occur in the context of sexual, racial/ethnic, political, religious/spiritual, economic/social class, and disability/challenge concerns. The discussion of such issues will increase the student's knowledge of developmental conditions in the modern world, but the information can be emotionally charged. It is also likely that the student will be exposed to diverse viewpoints; some viewpoints might differ substantially from the student's personal views. If the student chooses to remain in class, then she/he will be expected to respect the diverse viewpoints represented in course material, as well as the viewpoints of his/her classmates. If the student is easily offended by discussion of such issues, then he/she should consider whether to remain enrolled in the course.

### **Sexual Harrassment Statement**

SPC does not tolerate discrimination, sexual assault, and harassment. You are encouraged to report any incidents to SPC Campus Police Office at (806) 716-2396 or their 24 Hour Phone at (806) 891-8883. The SPC Student Health & Wellness office (<http://www.southplainscollege.edu/health/studenthealth.php>) provides support (806-894-9611) and the Voices of Hope Lubbock Rape Crisis Center has a 24-hour hotline: 806-763-RAPE (7273). For more information about support, reporting options, and other resources, go to: <http://www.southplainscollege.edu/health/studenthealth.php> under the Mental Health Resources tab.